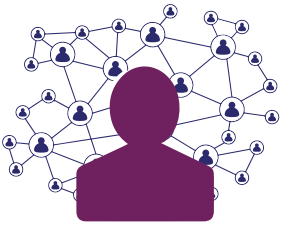


Getting the most out of your dental insurance



DHMO Plan

- Visit an in-network provider
- Low and predictable costs on procedures
- Annual maximum is typically higher with a DHMO than a PPO



Preventive Dentistry

- Check-ups usually consist of an exam, x-rays, & a cleaning
- Regular check-ups can keep you and your teeth healthy
- Preventive dentistry may help you avoid expensive procedures and save you money



Annual Maximum & Renewal Dates

- The high annual maximum allows extensive dental work to be performed
- Pay attention to renewal dates. Sometimes you can spread procedures over two years
- Contact DENCAP by phone, email or live chat if you want to know your renewal date



Be Your Own Advocate

- Always ask for a written treatment plan before any procedure is completed
- Consult with your dentist to check if there are other cost-effective treatment options available

