

# Getting the Most Out of Your Dental Insurance



## Know Your Plan

- Review your Schedule of Benefits and Fixed Co-pays or Benefit Summary to learn about your out-of-pocket costs.
- Visit an in-network provider to use your plan
- Know your primary and specialty care maximums



## Preventive Dentistry

- Check-ups usually consist of an exam, x-rays, & a cleaning
- Regular check-ups can keep you & your teeth healthy
- Preventive dentistry may help you avoid expensive procedures & save you money



## Annual Maximum & Renewal Dates

- Utilize your annual maximums
- Pay attention to renewal dates as some treatment can be spread over two years
- Call DENCAP or your primary care dental office for assistance with renewals & maximums



## Be Your Own Advocate

- Always ask for a written treatment plan before any procedure is completed
- Consult with your dentist to check if there are other cost-effective treatment options available

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